



Stephen Ministry 5 Year Report

What do Stephen Ministers do?

E-free has been involved in Stephen Ministry since 2003. Stephen ministers come alongside those in need and in times of crisis. The needs of our church and community are great and we network with other ministries to encourage complete Christian care to those in need. Our Ministry is not a replacement for Christian counseling from the Pastoral Staff or other professional counselors but a support ministry to those services.

Priority needs of our Care Receivers *(based on our first 5 years of providing care)*

1. Emotional Support for a variety of life challenges
2. Coping with a Family Crisis
3. Medical Conditions and Hospitalization
4. Spiritual Support
5. Divorce or Marriage Crisis
6. Financial Concerns
7. Addiction Recovery and Accountability
8. Death and Dying



- Stephen Ministry accountability sessions and training are held every 2 weeks (with a short summer break) to keep care givers on task and capable.
- Accountability is achieved through facilitated group sessions and strict confidentiality is maintained during these sessions.
- Stephen Ministry at E-free completed its first Strategic Plan in 2008 to guide us through the next 5 years. Copies of the plan were submitted to the Elders for review.

Who are the E-Free Stephen Ministers?

In the period, 2003-2008, we have trained 25 Stephen Ministers not including Glenn and Lyla Lehrer who provided excellent leadership. There are 13 Stephen Ministers remaining in the program including 5 men and 8 women. Several have moved away from the area and 6 are inactive for now due to time constraints or personal reasons.

93 cases were referred to our ministry since 2003.

- 17 Active cases in 2008
- 76 Completed cases 2003 through 2008

We provided 323 months of ministry service since 2003.



- Ministers made 1281 individual face to face or phone contacts with care receivers.
- An average case was 8 months long but they range from 1 month to 34 months of care giving.
- On average caregivers contacted care receivers 28 times with a range of 2- over100 times during the course of care giving.

Who are our care receivers?

- Marital Status of care receivers.
 - 24 Divorced
 - 20 Single
 - 44 Married
 - 5 Widowed
- Age of care receivers.
 - Ages ranged from 21-86 years with an average age of 42.
- Sex of the typical care receiver.
 - 63 female care receivers
 - 30 male care receive



68 care receivers were from within the E Free Body while 25 were from outside our church body. We received

care referrals from several other churches and organizations including: LDS, Grace Bible, Journey, Lutheran, Methodist, Love Inc, Salvation Army, Christian Reformed, Belgrade Alliance, Holy Rosary, Belgrade Community Church. We also provided care to 10 unchurched care receivers.

Where do Stephen Ministers Serve?

73 of our care receivers were residents of Bozeman while 20 were from outside this community. We provided service to other communities included: Billings, Boulder, Belgrade, Big Timber, Shields Valley, and Gallatin Gateway.

What are our Future Plans?

- Anne Rossmeier is attending leadership training to enhance the skills she brings to our leadership team.
- We are planning a training session to add up to 12 more Stephen Ministers if we can successfully recruit willing men and women.
- Stephen Ministry will continue its rigorous training schedule and support its ministry team to equip them for this ministry.
- Stephen Ministry will work with the Friday Night E-free Recovery Program to provide mentors for recovering addicts.
- Our ministry seeks to coordinate and integrate our services with other important ministry programs in our church body.

Stephen's Ministry Training Schedule 2005

March 5	Ministering to those Experiencing Divorce—Module 23	JimLytle
March 20	Ministering to Battered Women	Speaker-Battered Womens Program
April 3	Basics of Peacemaking	Tom & Sandy Tursich
April 17	Caring for People Before, During And After Hospitalization—Module 20	Ken Mottram- Hospital Chaplain
May 1	Drug & Alcohol Addiction	Karen Furu-Specialty Counselor Community Counseling Service
May 15	Crisis of Pregnancy & Childbirth Module 24	Cassie Belzer, RN Labor, Delivery, Nursery
June 5 Chandler	Connecting with Teens	Adam Pedone-
June 10 Advocate	Being Advocates of Victims	Gloria Edwards Victim & Witness
July 17 Faber Ministry	In Trouble with the Law	John Westra & Harry Bozeman Prison
August 7	Ministering to those experiencing Losses Related to Aging—Module 21	Donna Dane
August 21	Ministering to Persons Needing Long Term Care—Module 22	Darlene Robinson & John McCullough
September 18	Providing Spiritual Care-Module 25	Chris or Brett
October 2 Hospice Nurse	Ministry to the Dying, family, friends	Pat Newby, RN

October 16	Risky Drinking Patterns	Shelly Wickstrom, Counselor GRIP—before addiction
November 6 Chaplain	Suicide	Ken Mottram, BDH
November 20	12 Steps in Rekindling Hope	Menrith/Meier video
December 4	Marriages in Crisis	Tom & Sandy Tursich

Stephen Ministry Training Schedule 2006

January 22, 2006	How to recover from an Abusive Home (verbal, physical, sexual)	Peggy Wolstein
February 19, 2006	Ministering to Those Experiencing Depression – Part I	Cindy Aune
February 25, 2006 Saturday 10:00 am until 3:30 pm	Courage to Change (Addiction & Intervention) Pizza at noon (bring \$5)	Joe Lair
March 5, 2006 Oakland	Bitterness-My Story & Review	Michelle
March 19, 2006 Oakland	Repentance	Michelle
April 2, 2006	Children, Victims of Divorce	Robin Owens Mimi Hood-Dayhuff
April 23, 2006	Ministering to Those Experiencing Depression – Part II	Cindy Aune
May 7, 2006 Phoenix	Motivation Intervention	Shawn
May 21, 2006	Witnessing to People of Other Faiths	Bill Senegal

June 4, 2006	Praying With Our Care Receivers	Pastor Don Johns
June 18, 2006	Codependency Defined From the book "Codependent No More"	Glen Lehrer
August 6, 2006	How to Pray I – Video Series Ronnie W. Floyd Stephen's Ministers	Cindy Aune
August 20, 2006	"Our Family Unit Meeting"	All
September 10, 2006	How to Pray II – Video Series Ronnie W. Floyd	Cindy Aune
September 17, 2006	"What's So Amazing about Grace?" Philip Yancey	Cindy Aune
October 1, 2006	Counseling Methods	Brett LaShelle
October 15, 2006	Dying—a Social Workers Perspective- Hospice	Jan Davies
November 5, 2006	Motivational Interviewing "A way of being with people"	Pam Frazier
November 19, 2006	Codependency Broken I From the book "Codependent No More"	Glen Lehrer
December 3, 2006	Codependency Broken II From the book "Codependent No More"	Glen Lehrer

Stephen's Ministry Training Schedule 2007

January 7	General Ministry Discussion Session	Glen Lehrer
Jan21-Jun 3 Video Series	Miracle of Life Change-10 Sessions	Chip Ingram
January 21 st ---	SESSION 1: METAMORPHOSIS Is a "Changed Life" Really Possible?	
February 4 th ---	SESSION 2: TRANSFORMATION Overcoming Obstacles to Life Change	

- February 18th---SESSION 3: TRIUMPH
How Do You Deal with the Problem of Sin?
- March 4th---SESSION 4: TRUTH
Where Do We Get the Power to Change?
- March 18th---SESSION 5: THE BODY OF CHRIST
How God Brings Out the Best in His Children
- April 1st---SESSION 6: CHARACTER
How to Become the Person You've Always Longed to BE
- April 15th---SESSION 7: BENNY AND BARBARA
How to "Break Out" of a Destructive Lifestyle
- May 6th---SESSION 8: TAKEOFF
God's Threefold Principle of Transformation
- May 20th---SESSION 9: RYAN'S STORY
The Role of Spiritual Training in the Life-Change Process (Part 1)
- June 3rd---SESSION 10: RYAN'S STORY
The Role of Spiritual Training in the Life-Change Process (Part 2)

September 23, 2007	A prison ministry Re entry Center	Ben Dirks
October 7, 2007 Lundbey	Medicare/Medicaid Benefits Rocky Mountain Hospice	Kathy
October 21, 2007 Geiger	Brain Injuries Liberty Place	Ann Hansen-
November 4, 2007	The Many Facets of the Help Center	Kathy Allen
November 4, 2007	Ministry Fair in Church Foyer	Outreach
November 18, 2007	Recovering from Suicide Attempts Hospital Chaplain	Ken Mottram
December 2, 2007	Special Needs People Reach Inc.	Rob Tallon

Stephen's Ministry Training Schedule 2008

Jan 6, 2008	Suicide Prevention	AFSP
Feb. 17, 2008	Life Recovery Ministry	John McCullough
Mar. 2, 2008	Depression-Bi-Polar Disorder	Vickie DeBoer
Mar. 16, 2008	Gallatin Mental Health	Pam Leach-Graber
April 6, 2008	Developing a Conceptual Framework	Keith Aune
May 4, 2008	Lifeline	Sigrud Chambers
May 20, 2008	Hope House	Michelle Barkhart
June 1, 2008	EMDR Training (PTSD and Addictions)	Vicki Deboer